The New Year is a good time to reflect on our past progress and to look forward to research advances in the year to come. In this regard, the receipt of endowed chairs recognizes faculty whom we believe have established a track record of accomplishment and whose ongoing success will pave the way for the future of the FOEDRC. Therefore, we would like to recognize Dr. Sue Bodine, Dr. Ayotunde Dokun, and Dr. Kamal Rahmouni, the three newest recipients of endowed chairs from the Fraternal Order of Eagles Diabetes Research Center (FOEDRC).

These prestigious endowed chairs are funded by the generous donations of the Fraternal Order of Eagles and, provides resources our faculty need to continue their outstanding work primarily in research. Endowed chairs are a valuable asset to the FOEDRC, as they confer prestige to the holder and University of Iowa; and contribute to our ability to recruit and retain the best diabetes and obesity scholars at the university and from institutions across the country.

Dr. Sue Bodine, PhD, Professor of Internal Medicine, Division of Endocrinology and Metabolism, is a Neuromuscular Physiologist whose general field of study is skeletal muscle plasticity. Dr. Bodine moved to the University of Iowa in 2017 from the University of California, Davis where she was a full Professor with joint appointments in the Departments of Neurobiology, Physiology and Behavior, and Physiology and Membrane Biology. Her laboratory is interested in identifying the mechanisms responsible for muscle atrophy and determining strategies for preventing atrophy or accelerating recovery following a period of muscle loss. The mechanisms regulating skeletal muscle growth are of interest since activation of hypertrophy pathways could be beneficial in the treatment of atrophy and also because an inability to respond to growth cues could exacerbate the loss of muscle mass and function that occurs during aging and also as the result of obesity and diabetes.

Support the Grand President's Charity Fundraising Efforts

Charity lies at the heart of what the Eagles do. That is why our Grand Presidents make it their yearly mission to raise money for organizations that matter to them. Throughout his year, Grand Worthy President Ron Malz is raising money for Confidence Learning Center, a nonprofit organization which assists developmentally disabled individuals of all ages by providing them a fun and exciting outlet to learn, gain life experience and become more confident in their abilities.

Grand Madam President Gloria Williams has two causes she’s raising funds for during her year. Gloria’s main charity will be the Bridge to the Cure, in support of the Fraternal Order of Eagles Diabetes Research Center at the University of Iowa. Her secondary charity efforts will be focused on raising money for the Special Olympics. Which is a nonprofit organization dedicated to providing an outlet for developmentally disabled individuals to compete in the spirit of friendship, learning and gaining confidence in their abilities.

All donations can be sent to: F.O.E. Charities Department 1623 Gateway Circle S. Grove City, Ohio 43123

Just be sure to note the respective charity in the memo line of your check.
**Convention Corner**

**2020 International Convention**  
**Spokane, Washington**  
**July 20-23, 2020**

The Hilton Doubletree and the Davenport Grand Hotel no longer have any rooms available for the 2020 Fraternal Order of Eagles International Convention in Spokane, WA.

However, you can still book a room at the Centennial Hotel (formerly the Red Lion).

The rooms at the Centennial are $123/night and include access to:
- Complimentary WiFi
- Free fitness center
- Mini-Fridge
- Microwave
- Starbucks
- Centennial Restaurant
- Happy hour Monday-Friday from 3-6 p.m
- Bike rental
- Outdoor pool

Reserve your room now before the hotel sell out!
Learn more about the Convention and reserve your room on foe.com

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**Top Producers/ New Leaders**

for December 2019

**Aerie:**

1. #486 Coeur D’alene, ID  45  
2. #4299 Lake Havasu City, AZ  43  
3. #3885 Englewood, FL  41  
4. #1791 Owatonna, MN  39  
5. #3144 Vashon, WA  38  
5. #4123 Fredericksburg, VA  38

**Auxiliary:**

1. #4123 Fredericksburg, VA  31  
2. #4273 Okahumpka, FL  23  
3. #631 Lewiston, ID  21  
3. #4299 Lake Havasu City, AZ  21  
5. #4150 Harrisonburg, VA  18  
5. #493 Connellsville, PA  18

**Aerie (Individual):**

1. Mark A. Bahr  18  
Carlisle, PA #1299  
2. Ted Millhouse  16  
Owatonna, MN #1791  
2. Leslie Watts  16  
Englewood, FL #3885  
4. Freddie Greenway  13  
Kennett, MO #3715  
5. Bernice Trujillo  15  
Pueblo, CO #145

**Auxiliary (Individual):**

1. Tiffany L. Sullivan  12  
Fredericksburg, VA #4123  
2. Marilyn L. Loker  11  
Owatonna, MN #1791  
3. Patricia Susan Malone  10  
Warren, PA #313  
Columbia Station, OH #4003  
5. Stephanie Dempsey #2489  6  
5. Clara Arnold #3492  6  
5. Victoria Stetler #4022  6  
5. Ida V. Baysinger #493  6  
5. Toni Jones #631  6
We Are People Helping People

Arizona
- Lake Havasu Eagles #4299’s Spinal Cord chairman Bob and Penny Lee presented a check to Dr. Lipsitz of Phoenix Children’s Hospital Traumatic Brain Research Unit in the amount of $5,728.50.

British Columbia
- Penticton Eagles #4271 donated presents to the South Okanagan Women in Need Society’s ‘Angel Tree,’ SOWINS works to prevent abuse and increase awareness about the impacts of abuse. They create dynamic, life-changing opportunities for empowerment of individuals and families, and support their physical, mental, emotional and financial wellness.

California
- Brisbane Eagles #3255’s Past State Madam President’s Annie Good and Sandra Jones escorted a pair of sisters, after they received $100 to spend, during the 2019 San Jose Eagles Children’s Christmas Shopping Spree.

- Santee-El Cajon Aerie #3973 presented a $5,947.42 check to the Juvenile Diabetes Research Foundation chapter in San Diego, California.

Georgia
- Atlanta Eagles #714 collected more than 8,000 canned good during their People Helping Pantries food drive.

Michigan
- Rochester Eagles #2634 held an Adopt a Family Drive in December for a local mother and her children to help fill their Christmas with joy.

Minnesota
- In November of 2019, Hallock Eagles #2617 donated a total of $2,275 to various organizations, including Kittson Central Class of 2021, Kennedy Center, Hallock Area Community Fund, Hallock Curling Club, Hoolock Fireman’s Relief Association, Hallock Public Library, and the Minnesota Deer Hunters Association.

Mississippi
- The Gulf Coast Aerie #4535 donated a 55” television to the Gulfport Mississippi Middle School to assist the students in monitoring how they compare to other students.

Missouri
- Queen City Aerie #3934 presented a $3,000 check to Smitty’s Midwest Boxing Gym. The gym is run by Darrell Smith, and he helps at-risk kids in the community learn leadership and discipline, as well as, equipping them with self-defense classes, survival training, and guidance on personal protection. Kids are required to maintain a B average to be eligible to train, and the gym offers tutoring and internet to help the children succeed.

New Mexico
- Challenger Eagles #4101 hosted their 4th Annual Bill Fulmer Memorial Christmas Baskets event, where they were able to provide 50 families with baskets. They used $5,000 from their charity committee to purchase the items for the baskets, which included a ham, turkey, canned vegetables and fruits, eggs, cereal, butter, rice, beans, flour, sugar, stuffing, potatoes, macaroni and cheese and more. This year, #4101 had all the baskets together in a record of 35 minutes and they partnered with their local grocery store for discounts on the food. This event was originally started over 20 years ago by a member, Bill Fulmer. Sadly, Bill passed away 4 years ago, so the event was renamed in his honor, and continues to grow.

Ohio
- With funds raised from Wellington Eagle Riders #2051's Annual Kids Christmas Reverse Raffle, members were able to shop and wrap gifts for 20 children this year. Each child received a hat and boots, as well as Christmas presents to enjoy. Several families were provided with gift certificates to purchase food.

Wisconsin
- Fond Du Lac Eagles #270 Wisconsin opened its hall to co-host the Fond du Lac Community Christmas Dinner program on Christmas Day. This year the program celebrated its 20th year and the 4th year it has been held at the Eagles Club. The Community Christmas Dinner is free, open to all, so that no one has to be alone on Christmas. This year 608 meals were served which included dine-in and delivered meals for the home-bound. This program is completely volunteer driven and receives its funding from donations and fundraisers.

- Fond Du Lac Eagles #270 Wisconsin opened its hall to co-host the Fond Du Lac Community Christmas Dinner program on Christmas Day. This year the program celebrated its 20th year and the 4th year it has been held at the Eagles Club. The Community Christmas Dinner is free, open to all, so that no one has to be alone on Christmas. This year 608 meals were served which included dine-in and delivered meals for the home-bound. This program is completely volunteer driven and receives its funding from donations and fundraisers.

- Rochester Eagles #2634 held an Adopt a Family Drive in December for a local mother and her children to help fill their Christmas with joy.

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- Challenger Eagles #4101 hosted their 4th Annual Bill Fulmer Memorial Christmas Baskets event, where they were able to provide 50 families with baskets. They used $5,000 from their charity committee to purchase the items for the baskets, which included a ham, turkey, canned vegetables and fruits, eggs, cereal, butter, rice, beans, flour, sugar, stuffing, potatoes, macaroni and cheese and more. This year, #4101 had all the baskets together in a record of 35 minutes and they partnered with their local grocery store for discounts on the food. This event was originally started over 20 years ago by a member, Bill Fulmer. Sadly, Bill passed away 4 years ago, so the event was renamed in his honor, and continues to grow.

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- North Lincoln Eagles #2576 helped nearly 300 families have a good holiday season with their Christmas charity project. 450 people received food boxes and toys, which were delivered with the help of the Lincoln City Fire Department.

- During Scenic Eagles #945’s annual Christmas Dance and Ugly Sweater Contest Party, members presented a H.O.M.E. grant in the amount of $2,218 to CHI Memorial Hospital for their Schmissrauter Cancer Support Center.

- Fredericksburg Auxiliary #4123 and Spotsylvania Auxiliary #4391 joined together for a postal auction fundraiser where participants bid on unopened packages based on the postmark. PGWP Jerry Sullivan was the auctioneer, and the Auxiliaries were able to raise $1,840.00 for the F.O.E. Cancer Fund.

- Clinch River Aerie #3305 held their 7th Annual White Christmas event, where they provided ‘Christmas’ for 160 children from 45 local families in need. Each child was given a new outfit, socks, underwear, pajamas, a coat, a blanket, a pair of shoes, and a toy from their wish list. The family was also given a complete turkey dinner and extra food to get through the days the children are not in school. In addition to what the Aerie provided, Santa handed out treat bags and stuffed animals to the children during the event as well.
Dr. Ayotunde Dokun, MD, PhD, is the Director of the Division of Endocrinology and Metabolism in the Department of Internal Medicine at the University of Iowa Carver College of Medicine, and the Verna Funke Fraternal Order of Eagles Diabetes Research Center Chair. Dr. Dokun joins us from the University of Tennessee Health Science Center where he was an Associate Professor of Medicine and Chief of the Endocrine Service at Regional One Health. Dr. Dokun’s research interest focuses on understanding how genetic factors and the metabolic abnormalities associated with diabetes contribute to vascular diseases such as peripheral artery disease (PAD). His publications have appeared in Circulation, Circulation Research, the American Journal of Physiology, Heart Circulation and Physiology and a number of other high-impact, peer-reviewed journals. He has shown a commitment to positively shaping the future of the profession through national leadership roles exemplified by his current service on the National Clinical Care Commission (NCCC) that is tasked with providing recommendations on the coordination and leveraging of federal programs related to complex metabolic or autoimmune diseases, many of which are related to diabetes and its complications.

Dr. Kamal Rahmouni, PhD, is a Professor in the Departments of Neuroscience and Pharmacology and the Department of Internal Medicine. He holds the Fraternal Order of Eagles Diabetes Center Research Chair at the University of Iowa. His work is focused on the neurobiology of metabolism, energy homeostasis and cardiovascular function and related disorders such as obesity, diabetes and hypertension. The central nervous system (brain) is a major player in the regulation of energy homeostasis as well as cardiovascular system. His research is aimed at the identification of the neuroanatomical and molecular pathways involved in the regulation of metabolic, autonomic and cardiovascular functions. The knowledge gained from these studies will advance our understanding of the role of brain pathways in leading to diabetes and some of its cardiovascular complications. The Rahmouni lab uses multidisciplinary approaches including basic research tools, genetic models and physiological techniques that allow his team to address physiological questions at the molecular level.

Win a $3,000 Grant with the Children’s Day Program
Each year, the Eagles’ Children’s Day contest asks Aeries and Auxiliaries across the United States and Canada to plan a special event or fund raiser to benefit youth for a chance to win a $3,000 grant from the Jimmy Durante Children’s Fund. All youth related events, including Christmas parties, Easter Egg hunts, school supply drives and more, are eligible to enter. The winner will receive recognition at the 2020 International Convention, on our website, and in the Soar newsletter. They will also receive a $3,000 grant from the Jimmy Durante Children’s Fund for a local children’s organization of their choosing.

Travel more this Summer with Travel Savings Center
If you are planning on vacationing this summer, use the Travel Savings Center site to get access to exclusive discounts on car rentals, hotels, cruises, guided tours, group travel packages, and more. Whether you simply want to get from here to there or make your dream vacation a reality, FOE members have all the tools right at your fingertips.

The F.O.E. Gives Back to Service Members
To show our gratitude to the men and women who serve and protect us, we’ve created the Those Who Serve program. We offer one complementary year of membership to military, policemen, and other service members. Being a member provides access to the countless benefits of being an Eagle. It allows for protection for your family through the F.O.E. Memorial Foundation. You get access to our exclusive library of discounts on hotels, rental cars, insurance, vacations, cruises, prescription medications and more through our affinity partners. Along with a slew of more benefits. Learn more about our Those Who Serve program by visiting foe.com.